

## Abstract

The present study examined the effect of Westernization on disordered eating attitudes and behaviors among Chinese adolescent girls in Hong Kong. Subjects, 1,799 high school girls with age ranged between 12 and 19 years, completed a questionnaire package assessing Body Mass Index (BMI), body dissatisfaction, drive for thinness, eating problems, and degree of Westernization. Results indicated that girls scored high on Westernization tend to report higher body dissatisfaction, stronger drive for thinness, and more disordered eating behaviors. Regression and path analyses also showed that high BMI tend to lead to stronger body dissatisfaction, more intense drive for thinness and more disordered eating behaviors among highly Westernized girls. The possible roles of Westernization in the development of disordered eating were discussed.